

For Carol



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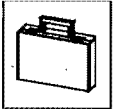
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**The President's Reform Agenda and People with Mental Retardation: 21st Century Realities
Forum At-a-Glance**

Sunday, April 24, 1994

10:00 a.m. - 7:30 p.m.	Forum Registration	Lower Level Foyer
12:00 p.m. - 2:30 p.m.	Plenary Session	Plaza A, Lower Level
2:30 p.m. - 2:45 p.m.	Coffee Break	Lower Level Foyer
2:45 p.m. - 4:15 p.m.	Plenary Session	Plaza A, Lower Level
4:15 p.m. - 4:30 p.m.	Break	Lower Level Foyer
4:30 p.m. - 6:00 p.m. WORKGROUPS	 Health Care Reform  Welfare Reform  Long-Term Care Reform  Housing Reform  Education Reform  Employment/Financing	Magnolia Room, Upper Level Poplar, Upper Level Plaza III, Lower Level Plaza II, Lower Level Walnut, Upper Level Plaza I, Lower Level
6:00 p.m.	RECESS	
6:00 p.m. - 7:30 p.m.	Reception	Plaza C

**The President's Reform Agenda and People with Mental Retardation: 21st Century Realities
Forum At-a-Glance**













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7:30 a.m. - 5:30 p.m.	Registration	Lower Level Foyer
7:30 a.m. - 8:00 a.m.	Continental Breakfast	Lower Level Foyer
8:00 a.m. - 9:30 a.m.	Plenary Session	Plaza A, Lower Level
9:30 a.m. - 10:00 a.m.	Coffee Break	Lower Level Foyer
10:00 a.m. - 11:00 a.m. WORKGROUPS	 Health Care Reform	Plaza I, Lower Level
	 Welfare Reform	Poplar, Upper Level
	 Long-Term Care Reform	Plaza II, Lower Level
	 Housing Reform	Magnolia Room, Upper Level
	 Education Reform	Walnut, Upper Level
	 Employment/Financing Reform	Plaza III, Lower Level
11:00 a.m. - 11:10 a.m.	Break	

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**The President's Reform Agenda and People with Mental Retardation: 21st Century Realities
Forum At-a-Glance**



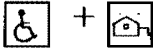


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11:10 a.m. - 12:30 p.m. WORKGROUPS	 +  Health Care Reform and Welfare Reform (Convening Jointly)  Long-Term Care Reform  Housing Reform  Education Reform  Employment/Financing Reform	Plaza I & II Plaza III Poplar, Upper Level Walnut, Upper Level Magnolia Room, Upper Level
12:30 p.m. - 2:15 p.m.	Forum Luncheon	Plaza East - Lower Level
2:15 p.m. - 3:45 p.m. WORKGROUPS	 Health Care Reform  Welfare Reform  Long-Term Care Reform  Housing Reform  +  Education Reform and Employment/Financing Reform (Convening jointly)	Magnolia Room, Upper Level Poplar, Upper Level Plaza III, Lower Level Walnut, Upper Level Plaza I & II, Lower Level
3:45 p.m. - 4:00 p.m.	Break	

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**The President's Reform Agenda and People with Mental Retardation: 21st Century Realities
Forum At-a-Glance**

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<p>4:00 p.m. - 5:30 p.m. WORKGROUPS</p>	<p> Health Care Reform</p> <p> Welfare Reform</p> <p> + Long-Term Care Reform and Housing Reform</p> <p> Education Reform</p> <p> Employment/Financing Reform</p>	<p>Magnolia Room, Upper Level</p> <p>Poplar, Upper Level</p> <p>Plaza I & II, Lower Level</p> <p>Plaza III, Lower Level</p> <p>Walnut, Upper Level</p>
<p>5:30 p.m.</p>	<p>Recess</p>	

**The President's Reform Agenda and People with Mental Retardation: 21st Century Realities
Forum At-a-Glance**

Tuesday, April 25, 1994

8:00 a.m. - 12:00 p.m.	Registration	
8:00 a.m. - 8:30 a.m.	Continental Breakfast	
8:30 a.m. - 10:00 a.m. WORKGROUPS Concluding Session	 Health Care Reform	Walnut A, Upper Level
	 Welfare Reform	Chestnut, Upper Level
	 Long-Term Care Reform	Poplar, Upper Level
	 Housing Reform	Maple, Upper Level
	 Education Reform	Walnut B, Lower Level
	 Employment/Financing Reform	Magnolia, Upper Level
10:00 a.m. - 10:15 a.m.	Coffee Break	
10:15 a.m. - 12:30 p.m.	Forum Summation	Magnolia Room
12:30 p.m.	Adjournment	

THANK YOU FOR YOUR PARTICIPATION



PRESIDENT'S COMMITTEE ON MENTAL RETARDATION
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Administration for Children and Families
Washington, D.C. 20201-0000

Welcome!

On behalf of the President's Committee on Mental Retardation (PCMR), I am delighted to welcome you to the PCMR's 1994 Presidential Forum: "The President's Reform Agenda and People with Mental Retardation -- 21st Century Realities."

This Presidential Forum represents a unique collaborative exercise bringing together the dynamic expert contributions of self-advocates, consumers, family members, community advocates, service providers, university affiliated professionals, agency executives, and many others in examining how our current reform agenda in the areas of health care, long-term care, education, welfare, housing, and employment will impact citizens with mental retardation.

The deliberations and consensus reached during this Presidential Forum will form the basis of PCMR's Annual Report to the President, prepared under the direction of the PCMR by Glen Fujiria and David Braddock of the University of Illinois UAP, edited by the PCMR staff, and reviewed and approved by PCMR members. Though our report will be addressed to the President, it's audience will also include many key policy makers including Members of Congress, Governors, State Legislators, County Commissioners/ Supervisors and many others whose actions impact on the lives of citizens with mental retardation.

As America prepares for the 21st Century, all Americans are concerned about the reform areas that will be discussed in this Presidential Forum. Citizens with mental retardation and related developmental disabilities are no different. Through collaboration and mutual respect, I believe that we as a nation can fully realize the President's vision that every American's contribution to our nation is respected and valued.

Thank you for your participation.

Sincerely,


Gary H. Blumenthal
Executive Director



PARTICIPANTS LIST

PARTICIPANTS

THE PRESIDENT'S REFORM AGENDA AND PEOPLE WITH MENTAL RETARDATION 21st CENTURY REALITIES

HEALTH CARE REFORM

Patricia Allison, D.O.
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CHARGE TO THE PRESIDENT'S COMMITTEE WORK GROUPS

*Given by William E. Jones
April 24, 1994*

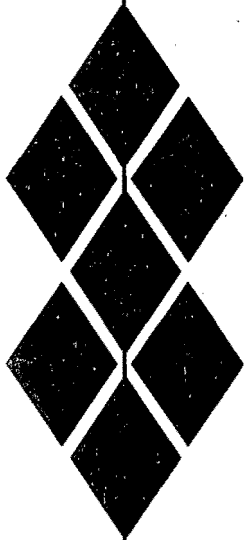
1. Think as broadly as possible, but be realistic. There are current and future limitations by which we must live.
2. Create ultimate aims and incremental steps for implementation.
3. Craft a high vision with achievable and realistic goals and strategies.
4. Make recommendations that will be credible to policy makers.
5. Make recommendations that will be seen as the next steps on our continuing journey.

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PRESIDENT'S COMMITTEE ON MENTAL RETARDATION

President's Committee on Mental Retardation
U.S. Department of Health and Human Services
Administration for Children and Families
Washington, D.C. 20201-001

A Presidential Forum:
**The President's Reform Agenda and
People with Mental Retardation:
21st Century Realities**

Agenda
April 24-26, 1994

Radisson Plaza Hotel at Mark Center
Alexandria, Virginia



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Eleven of the sixteen National Steering Committee members for the organization Self Advocates Becoming Empowered, along with local chapter advisors, at the committee's January, 1994, meeting. See story on page 2.

Self-Advocacy: Realizing a Dream

by Tia Nelis

Self-advocacy is about independent groups of people with disabilities working together for justice by helping each other take charge of their lives and fight discrimination. It teaches us how to make decisions and choices that affect our lives so we can be more independent. It teaches us about our rights, but along with learning about our rights, we learn responsibilities. The way we learn about advocating for ourselves is supporting each other, and help each other gain confidence in themselves to speak out for what they believe in.

- Definition of self-advocacy approved at the
2nd Annual People First Conference, September, 1991.

Self-advocacy is up and moving. Right now people with disabilities are coming together to learn how to advocate for themselves and to teach others that we can make decisions and choices for ourselves. We want to be treated like everyone else and to be given the same choices and chances that other people without disabilities have. We don't want to be labeled or put away any more. We want to learn about speaking out and how to get the support we need to live, work, play, and be a part of our community.

Right now a lot of self-advocates are coming together to form a coalition to help people with disabilities across the United States. As more and more people start getting involved and forming self-advocacy

Self-advocacy continued on page 15

From the Editors

An organized self-advocacy movement is growing among people with developmental disabilities. This movement - which many view as a civil rights movement - signals a fundamental change in the self-perception of people with developmental disabilities and in the relationship between persons with disabilities and service providers, policymakers, and families. This issue of *IMPACT* looks at the issues the self-advocacy movement is raising and the contributions it is making to the lives of people with developmental disabilities.

According to a recent study, an estimated 11,600 persons with disabilities are involved in the self-advocacy movement in the United States. There are over 500 active self-advocacy groups in 43 states and the District of Columbia.* More and more people with developmental disabilities are claiming the right to direct their own lives.

In these pages is an inside view of this emerging, grassroots movement. There are articles by self-advocates and advisors to self-advocacy organizations. They talk about their self-advocacy experiences, barriers to self-advocacy, and ways to support it. It is our hope that in reading these stories you will also embrace the belief that all people have the right to exercise control over their own lives.

* Data from *The Self-Advocacy Movement by Persons with Developmental Disabilities*. See Resources, page 14 of this *IMPACT*.

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DINING AND ENTERTAINMENT

CRYSTAL CITY/ARLINGTON

PRICE	NAME	CUISINE	ADDRESS	PHONE
I	ADULIS	Ethiopian	2325 Eads St.	(703) 920-3188
M	BANGKOK GOURMET	Thai	521 S. 23rd St.	(703) 521-1305
M	BONSAI GRILL	Japanese	553 S. 23rd St.	(703) 553-7723
M	CHEZ FROGGY	French	509 S. 23rd St.	(703) 979-7676
I	CAFE ITALIA	Italian	519 S. 23rd St.	(703) 521-2565
M	HAMBURGER HAMLET	American	The Underground	(703) 413-0422
M	L & N SEAFOOD	Seafood	Pentagon City	(703) 415-2055
M	LEE YUAN	Chinese	2401 S. Clark St.	(703) 418-3688
I	INDIA PALACE	Indian	561 S. 23rd St.	(703) 979-0777
I	PHO CALI	Vietnamese	1621 S. Walter Dr.	(703) 920-3800
M	PINES OF ITALY	Italian	556 S. 23rd St.	(703) 271-0511
E	PORTOFINO	Italian	526 S. 23rd St.	(703) 979-8200
E	RUTH'S CHRIS	Steaks	2231 Crystal Dr.	(703) 979-7275
M	SAN ANTONIO BAR & GRILL	Tex-Mex	The Underground	(703) 415-0126
I	TACO HOUSE	Mexican	515 S. 23rd St.	(703) 979-7033
I	THE FOXHOLE	Sports Bar	555 S. 23rd St.	(703) 685-0555
M	WOO LAE OAK	Korean	1500 S. Joyce St.	(703) 521-3706
I	YOUNG CHOW	Chinese	420 S. 23rd St.	(703) 892-2566

OLD TOWN ALEXANDRIA

E	219	Creole	219 King St.	(703) 549-1141
M	ARMAND'S	Pizza	111 King St.	(703) 683-0313
M	BAMIYAN	Afghan	300 King St.	(703) 548-9006
M	CASABLANCA	Moroccan	1504 King St.	(703) 549-6464
M	CHART HOUSE	Seafood	1 Cameron St.	(703) 684-5080
I	ECCO CAFE	Italian	220 N. Lee St.	(703) 684-0321
I	FISH MARKET	Seafood	105 King St.	(703) 836-5676
M	GADSBY'S TAVERN	Colonial	138 N. Royal St.	(703) 548-1288
M	GAS LITE	Cont./Amer.	100 King St.	(703) 739-0555
I	HARD TIMES CAFE	Tex-Mex	1404 King St.	(703) 683-5340
M	IL PORTO	Italian	121 King St.	(703) 836-8833
E	LA BERGERIE	French	218 N. Lee St.	(703) 683-1007
M	LE REFUGE	French	127 N. Washington	(703) 548-4661
M	POTOWMACK LANDING	Seafood	GW Parkway Marina	(703) 548-0001
M	R.T.'s	Seafood	3804 Mt. Vernon Ave.	(703) 684-6010
M	SEAPORT INN	Seafood	6 King St.	(703) 549-2341
E	TERRAZZA	Italian	710 King St.	(703) 683-6900
E	WAREHOUSE	Seafood	214 King St.	(703) 683-6868
M	WHARF	Seafood	119 King St.	(703) 836-2834

E - Expensive

M - Moderate

I - Inexpensive

WASHINGTON, D.C.

PRICE	NAME	CUISINE	ADDRESS	PHONE
E	1789	American	1226 36th St., NW	(202) 965-1789
M	ADITI	Indian	3299 M St., NW	(202) 625-6825
E	BICE	Italian	601 Penn. Ave., NW	(202) 638-2423
M	BLACKIE'S	Beef	22nd & M Sts., NW	(202) 333-1100
M	BLUES ALLEY	Creole	1073 Wisconsin Ave.	(202) 337-4141
M	EL PATIO	Salvadorean	1120 20th St., NW	(202) 466-7876
E	FLOMENA	Italian	1063 Wisconsin Ave.	(202) 338-8800
E	GALILEO	Italian	1110 21st St., NW	(202) 293-7191
M	HARD ROCK CAFE	American	999 E St., NW	(202) 737-7625
M	HOGATE'S	Seafood	800 Water St., NW	(202) 484-6300
I	HUNAN CHINATOWN	Chinese	624 H St., NW	(202) 783-5858
E	I RICCHI	Italian	1220 19th St., NW	(202) 835-0459
M	JAPAN INN	Japanese	1715 Wisconsin Ave.	(202) 337-3400
E	LA COLLINE	French	400 N. Capitol St.	(202) 737-0400
E	LE LION D'OR	French	1150 Conn. Ave., NW	(202) 296-7972
E	MAISON BLANCHE	French	1725 F. St., NW	(202) 842-0070
M	MARKET INN	Seafood	200 "E" St., SW	(202) 554-2100
E	MORTON'S	Steaks	3251 Prospect St., NW	(202) 342-6258
M	NAKEYSA	Persian	1564 Wisconsin Ave.	(202) 337-6500
M	NOTTE LUNA	Italian	805 15th St., NW	(202) 408-9500
E	OCCIDENTAL	American	14th & Penn. Ave.	(202) 783-1475
M	OLD EBBITT GRILL	American	675 15th St.	(202) 347-4800
E	PALM	Beef	1225 19th St., NW	(202) 293-9091
M	PLANET HOLLYWOOD	American	1101 Penn. Ave., NW	(202) 783-7827
E	PRIME RIB	Beef	2020 K. St., NW	(202) 466-8811
E	RED SAGE	Southwestern	605 14th St., NW	(202) 638-4444
E	RIVER CLUB	American	3223 K St., NW	(202) 333-8118
E	SAM & HARRY'S	Steaks	1200 19th St., NW	(202) 296-4333
E	SEA CATCH	Seafood	1054 31st St., NW	(202) 337-8855
M	SEQUOIA	American	30th & K Sts., NW	(202) 944-4200
E	TABERNA DEL ALABARDERO	Spanish	1776 I St., NW	(202) 429-2200
M	TONY & JOE'S	Seafood	30th & K Sts., NW	(202) 944-4545
I	UNO PIZZARIA	Pizza	3211 M St., NW	(202) 965-6333

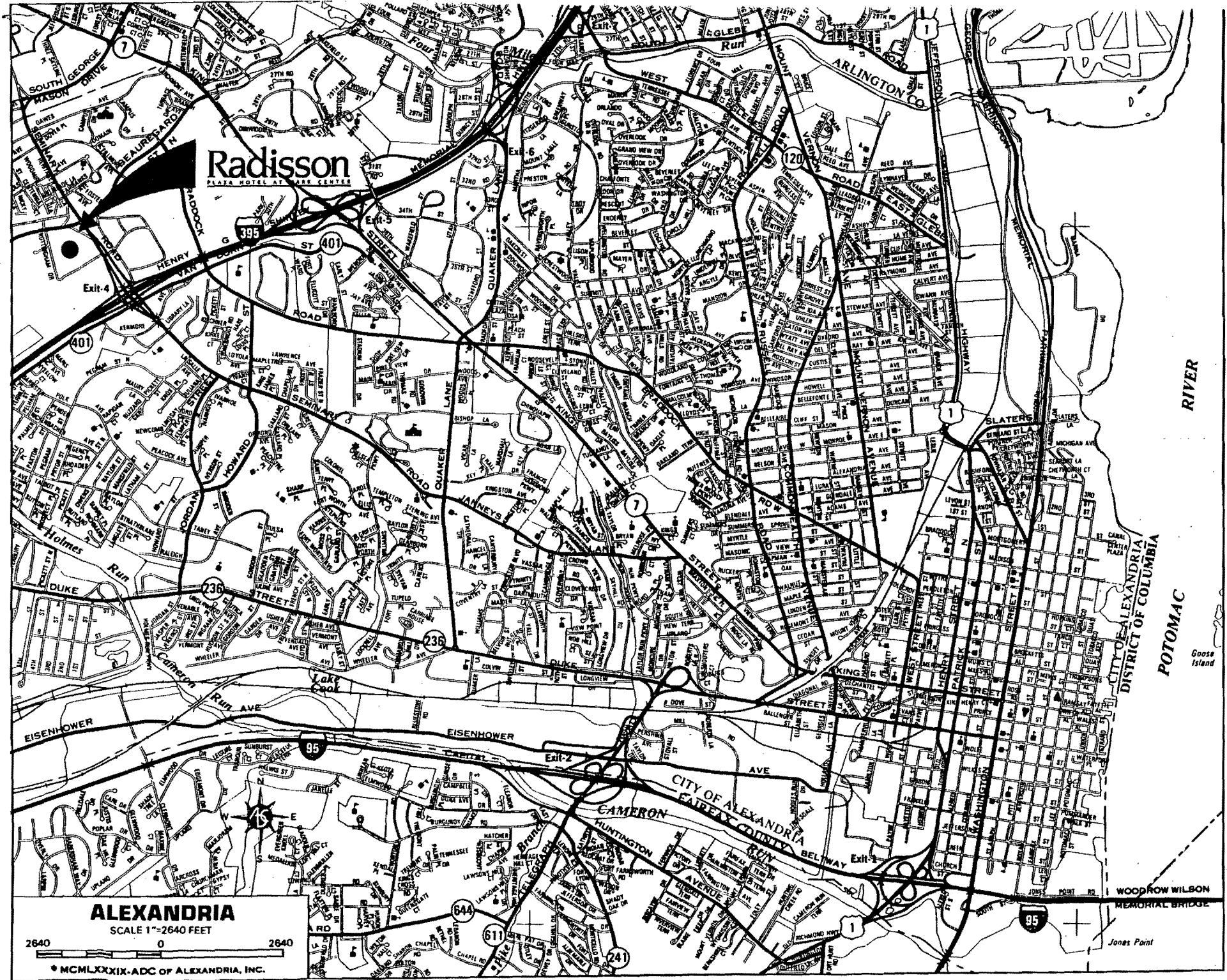
DANCING / COMEDY CLUBS

CAPITOL STEPS		(202) 298-8222
CLUB ZIE	1415 Zie Alley, NW	(202) 842-2445
DEJA VU	22nd & M Sts., NW	(202) 452-1966
FIFTH COLUMN	915 F St., NW	(202) 965-5454
IMPROV	1140 Conn. Ave.	(202) 296-7008
MRS. FOGGY BOTTOM		(202) 745-1023
RIVER CLUB	3223 K St., NW	(202) 333-8118
RUMORS	19111 & M Sts., NW	(202) 466-7378
SKYDOME AT DOUBLETREE	3001 Army-Navy Dr.	(703) 892-4100
SPY CLUB	805 15th St., NW	(202) 289-1779

E - Expensive

M - Moderate

I - Inexpensive

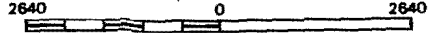


Radisson
PLAZA HOTEL AT EAST CENTER

Exit-4

ALEXANDRIA

SCALE 1"=2640 FEET



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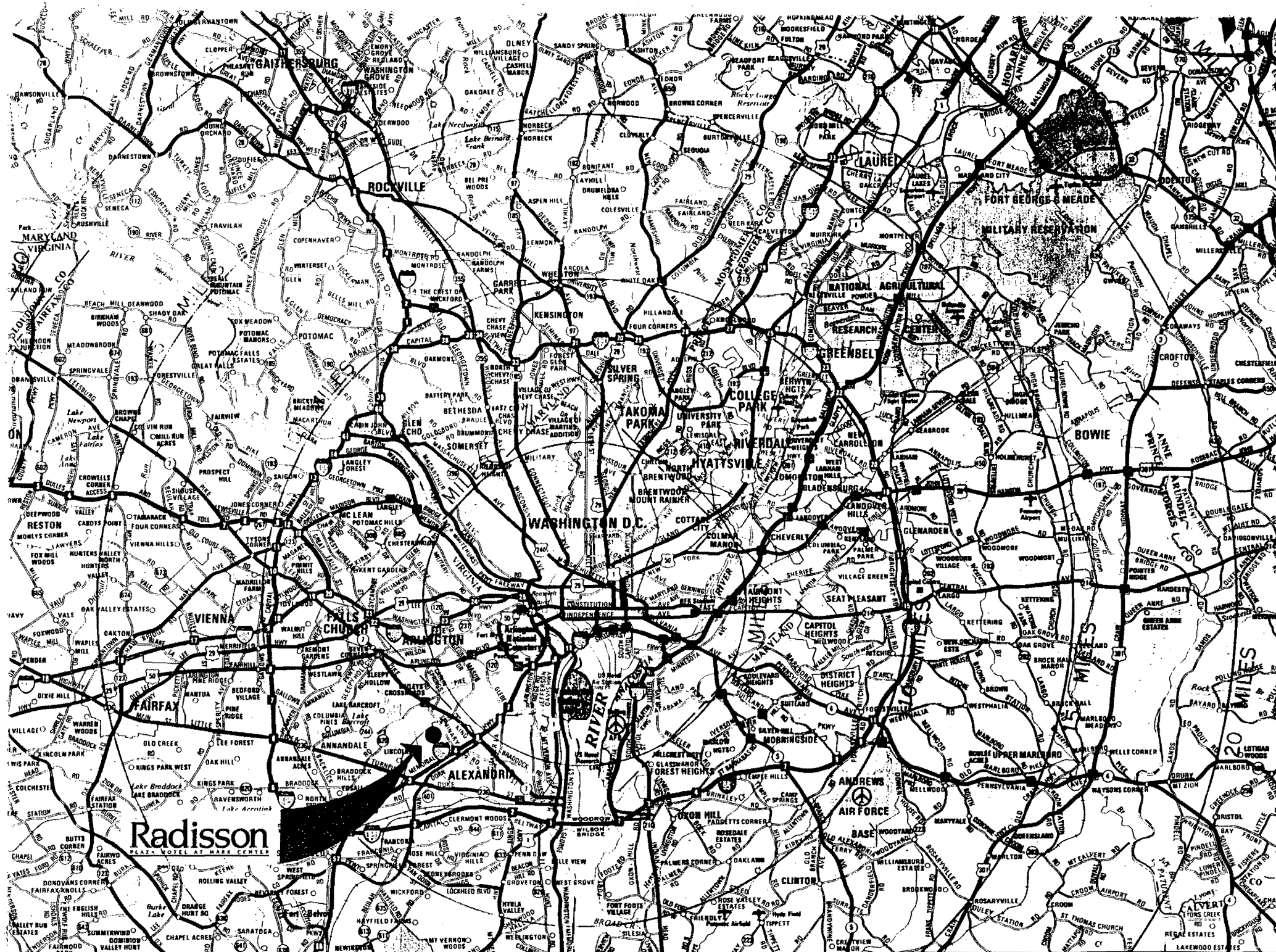
POTOMAC RIVER

POTOMAC

Goose Island

WOODROW WILSON
MEMORIAL BRIDGE

Jones Point



Radisson
PLAZA HOTEL AT MARR CENTER